



# Independent Network Adult (18 and over) Primary Care Quick Reference Guide

**Prior Authorization Fax  
1-619-740-8111**

**No Plan Referral, Authorization or Notification Required**

\*Services must be referred from and provided by a Sharp Health Plan contracted provider\*  
Specialty Care Referrals must be ordered by the member's Sharp Health Plan Primary Care Physician  
Do not send Direct Referrals to Sharp Health Plan

**Specialty Consults:**

**Excluding: Orthopedics, Infertility, Neurosurgery, Pain Management, Bariatric and Plastic Surgery**

- |                                                    |                                        |
|----------------------------------------------------|----------------------------------------|
| Cardiac Rehab: 12 visits or less                   | Lab: Excluding Genetic Testing         |
| Colonoscopy: Outpatient                            | Occupational Therapy 12 visits or less |
| Diagnostic Imaging: CT Scans, Mammograms & X-Rays  | Physical Therapy: 12 visits or less    |
| DME: \$250.00 or less and rentals 3 months or less | Pulmonary Rehab: 12 visits or less     |
| Endoscopy: Excluding Capsule Endoscopy             | Vestibular Rehab: 12 visits or less    |

**Prior Authorization Required**

**Services marked with an asterisk (\*) require a Service Specific PA Form.**

Routine determinations will be made within 5 days of receipt of all relevant medical documentation.  
Urgent determinations will be made within 72 hours of receipt of all relevant medical documentation.

Acupuncture *	Genetic Testing	Out-of-network services
Audiometry (diagnostic hearing test)	Hearing Aids	Outpatient Surgery
Blood Pressure Monitoring (ambulatory)	Home Health	Oxygen
Breast Pump (hospital grade)	Hospice	Pulse Oximetry Continuous overnight monitoring
Capsule Endoscopy	IV Medications*	PET scans
Chiropractic	Injectable Medications*	Reconstructive Procedures
Clinical Trials	Inpatient Admissions	Rehab-Acute
CPAP machine	MRI (ordered by a PCP)	Rehab (Cardiac, Pulmonary & Vestibular) >12 visits
CPAP supplies greater than \$250	MRA (ordered by a PCP)	Second opinions
Diabetic Supplies greater than \$250	Non-contracted providers	Sleep Studies
DME Purchase greater than \$250	Non-emergent ambulance	Speech Therapy/Swallowing studies
DME Rentals greater than 3 Months	Nuclear Scans	SNF Admissions
Epidural	Observation stays >48 hrs.	Therapy; PT and OT >12 visits
Experimental Procedures	Out-of-area services	TMJ related services

A more comprehensive list of Prior Authorization requirements and additional resources are available under the Clinical Resources section of the Provider page via [www.SharpHealthPlan.com](http://www.SharpHealthPlan.com)  
\*\*\*Services not specifically listed should be submitted for medical review\*\*\*

**Prior Authorization requests should be:**

- Submitted with all relevant medical documentation
- Faxed to the appropriate fax number on the service specific Prior Authorization Form

**Service Specific Prior Authorization Request Forms**  
are available under the Clinical Resources section of the Provider page on [www.SharpHealthPlan.com](http://www.SharpHealthPlan.com)

Service Specific Forms	Fax Number	Phone Number
Medical Services PA – Adults 18 and over	1-619-740-8111	1-858-499-8300 or 1-800-359-2002
Acupuncture Referral – All Members	1-877-795-2746	1-800-678-9133
Pharmacy PA – All Members	1-858-357-2534	1-858-499-8300 or 1-800-359-2002
Disease Management	1-619-740-8111	1-858-499-8300 or 1-800-359-2002
Case Management	1-619-740-8111	1-858-499-8300 or 1-800-359-2002
Health Coaching		1-877-849-2363

- Providers are responsible for verifying, at each encounter, a Member's benefits, eligibility and out-of-pocket costs.
- Member specific benefits are available via [www.SharpHealthPlan.com](http://www.SharpHealthPlan.com) under Eligibility.
- Member Eligibility is available via [www.SharpHealthPlan.com](http://www.SharpHealthPlan.com); and/or via Interactive Voice Response (IVR) 1-800-359-2002 option 1.
- Refer to the Pediatric Quick Reference Guide for PA requirements for members under 18 years of age.