



## Case Management and Disease Management Referral Form

The following case management programs are offered at Sharp Health Plan:

### Complex Case Management

Examples of cases that should be considered for a CM Referral:

- Frequent ER visits or hospital stays
- Diagnoses requiring lengthy recovery and with complex care needs
- Medically complex conditions requiring coordination of care or complex discharge needs
- Comorbid or complex medical or behavioral/mental health conditions
- Transgender
- Maternal mental health conditions

### Disease Management

Disease Management Programs Offered:

- Diabetes (newly diagnosed or HgbA1c >8)
- Hypertension

Fax Completed form to 1-619-740-8111

Member Demographics
Last Name: _____
First Name: _____
Date of Birth: _____
Sharp Health Plan ID: _____
Primary Care Physician: _____
Phone Number: _____

Requestor Information
Referred By: _____
Phone Number: _____
Fax Number: _____

Case Management Referral Information
Reason for Referral (addition space provided on page 2): _____
Member Diagnosis: _____
History of Present Condition: _____
_____

